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 PEDIATRIC AND ADOLESCENT DENTISTRY

INFANT DENTAL CARE

BIRTH TO SIX MONTHS

- Clean gums with a moist rag or gauze after feedings and at bedtime.
- Consult with your Pediatrician or Pediatric Dentist about fluoride recommendations.
- Keep your teeth healthy to avoid infecting your child with cavity causing bacteria.
HEALTHY TEETH RUN IN THE FAMILY!
- Regulate feeding habits and avoid allowing your baby to fall asleep while feeding.

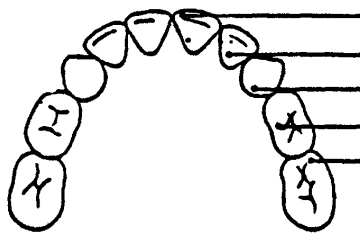
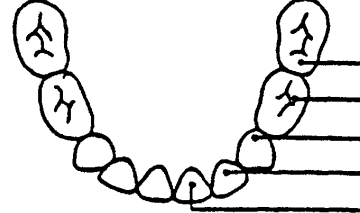
SIX TO TWELVE MONTHS

- First teeth should begin to appear - **TIME TO SEE YOUR PEDIATRIC DENTIST!**
 The decay we see at four years of age begins as the first teeth appear in the mouth. Preventive efforts must begin at this time.
- Begin brushing teeth after feeding and at bed time with a soft bristle toothbrush.
- Do not allow your baby to fall asleep while feeding and encourage your child to feed in an upright position.
- Baby begins to walk - **BE ALERT TO DENTAL INJURIES.**
- Wean baby from breast or bottle by first birthday.
- Discontinue pacifier by first birthday.

TWELVE TO TWENTY-FOUR MONTHS

- Begin schedule of exams and cleanings as recommended by Dr. Ashcraft.
- Begin using a small “pea size” portion of toothpaste for brushing in the morning and after dinner. **TO AVOID FLUORIDE OVERINGESTION DISCONTINUE ALL FLUORIDE SUPPLEMENTS ONCE BRUSHING TWICE DAILY WITH FLUORIDE TOOTHPASTE.**
- Most 20 primary teeth have erupted

STAGES OF PRIMARY TOOTH ERUPTION

	Upper Teeth	Erupt	Shed
	Central incisor	8-12 mos.	6-7 yrs.
	Lateral incisor	9-13 mos.	7-8 yrs.
	Canine (cuspid)	16-22 mos.	10-12 yrs.
	First molar	13-19 mos.	9-11 yrs.
	Second molar	25-33 mos.	10-12 yrs.
	Lower Teeth	Erupt	Shed
	Second molar	23-31 mos.	10-12 yrs.
	First molar	14-18 mos.	9-11 yrs.
	Canine (cuspid)	17-23 mos.	9-12 yrs.
	Lateral incisor	10-16 mos.	7-8 yrs.
	Central incisor	6-10 mos.	6-7 yrs.